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# ESSAY

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July 1988

Post Office Box 300  
Simi Valley, California 93062

## IGC COMMITTEE REPORT AND REQUEST FOR VOTE

Included with this issue is the report of the Group Conscience Committee on their proposal for a procedure for taking an SA-wide group conscience. This report summarizes feedback coming into Central Office from responding SA groups since the proposal was issued last December. This feedback was sought by the Committee to prepare the way for the final vote on the proposal, which the fellowship is now being asked to make. It lets groups know what the rest of the fellowship is thinking about the proposal, which is again included with this issue as a convenience.

You will see that the feedback to this proposal is varied. Regardless, the Committee says the time has come for the final vote before the matter can proceed further. Thus, *every SA group is now asked to vote a simple Yes or No to the enclosed proposal as it is.* Even groups that prematurely cast such a Yes-No vote on the first go-around will have to vote again, since this will be the definitive vote. Groups can vote by mailing a card or note to Central Office, Box 300, Simi Valley, CA 93062. Simply identify clearly which group your vote represents and a Yes or No vote.

Votes should always reflect the *group* decision, even if there are only two persons in your group. We are asking that all votes be returned to the Central Office *within eight weeks of receipt of this ESSAY.*

## CALENDAR OF EVENTS

*Events listed here are presented solely as a service to readers, not as an endorsement by Essay or the Central Office.*

**October 8, 1988.** Baltimore-Wash. D.C. area Annual Marathon. Sat.- 10-5. "A Whole New Way of Life." Contact Jim. K. at 301/977-8371. Location & details to be announced.

**October 15, 1988.** Chicago area Marathon. Saturday, Village Green Baptist Church, Glen Ellyn, IL. Cost minimal, lunch provided. Contact Central Office or Mike F. at 312/581-4156.

**November 4,5,6, 1988.** West German SA Convention. Contact Helmut at 23-61-33911 for details.

**January 13, 14, 15, 1989.** SA International Convention. Salt Lake City, Utah. See enclosed flyer for information and registration form.

**July 1989.** SA International Convention, Milwaukee, Wisconsin. Details in subsequent issues of *Essay*.

## REPORT FROM ROCHESTER CONVENTION

"I was totally enthralled with how Higher Power brought it all together. It happened in spite of us. It flowed in a way no one could have made happen. I really felt the Presence. It moved me greatly. From the very beginning, all planning was done by group conscience, and the results made a believer out of me; it's the only way to go. None of us felt overworked, even when some dropped out. The work unfolded and just happened. God orchestrated this thing. Also, I personally had opportunity to do some 12th Stepping and help others. Plus, I got to hear some really good sobriety. I'm very, very grateful." D.G., Rochester.

## MEMBER NEWS

**R.K., Bethesda, MD.** "....I am a high-bottom alcoholic and a low-bottom sex drunk....sexually sober for 14 months. I am eternally grateful...to SA, and to God for my new lease on life. I have received many blessings throughout my life, but my sexual sobriety is the most precious....

"I have read lots of literature on sexual addiction and compulsivity. . . .There is in our SA white book a spirituality and a sense of recovery that I simply don't find anywhere outside of the AA Big Book and the Twelve and Twelve. . . .SA is unique in that we don't promise a 'healthy' relationship or a 'normal' sex life. These may come about as a result of recovery, but they are not the goals of the program. Rather, the message I hear in SA and AA is that my surrender to God must be unconditional. If I set up preconceived notions of what recovery should bring me (no matter how praiseworthy or noble the goals) I am very likely placing conditions on my surrender to God. The more determined I am to achieve *my* goals, the less open I am to God's will for me. That is not to say I don't have goals or that I don't work hard toward them. But I try not to make *my* goals my primary purpose. I try to remain open to letting them go (an often painful process) if an inconsistent Divine will is revealed to me.

"Just such a letting-go process occurred for me with respect to my goal (condition?) of achieving a 'healthy' sex life in my marriage and 'intimacy' with my wife. For the first two and one-half months of my current sobriety, we were celibate. Then sex was gradually resumed. At first it seemed right. There was no lust. It flowed out of a mutual affection and tenderness. And I was open with my SA group about it (something that I had not been able to do in my first six months or so in the program}. But gradually marital sex became compulsive for me. I didn't even see this happening at first—I was in denial. I became selfish and manipulative around sex, as if I was somehow entitled to it because I was staying sober. And sexual gratification was, for me, a powerful narcotic that numbed my feelings. So much for intimacy. Sex was safer and easier.

"Fortunately, I was not totally out of touch with God. One evening in early November I recognized that I was very uncomfortable emotionally and spiritually. Rather than watching

TV, raiding the ice box, or seducing my wife, I sat alone and quietly reflected. As I searched deeper inside myself, I discovered that I was uncomfortable with the way I was using marital sex. I didn't like being a selfish and manipulative person, and I didn't like replacing one drug (lust) with another (marital sex). The next day I began writing an inventory on my marital sex and intimacy issues. I shared with my sponsor, with another married SA member, and at a few meetings. And I prayed. Finally, while on the way back from the LA convention, I made the decision to discuss with my wife the possibility of another period of celibacy. I thought she would be resistant, but she was actually relieved. I had apparently not been so subtle in my selfishness and manipulation.

"Like the guy in that [passage from another book], I had been trying to merge sexuality and intimacy in my marriage, and all I got was compulsive sex and a resentful wife. I may someday experience a healthy sex life—and I hope I do—but it is not a goal of my program today. It is not a condition on my surrender. Sobriety and spiritual growth are more important. If it is ultimately revealed that God's will is for me to be celibate indefinitely, so be it. I have that option today.

"I continue to learn important lessons. For example, I initially thought this period of celibacy would be the answer to all of my fear of intimacy problems. I had it psychoanalyzed: Sex was an easy way for me to avoid being truly intimate, so once sex was no longer an option, my feelings would gush forth in one great orgy of marital intimacy. I was wrong. Over six months of sexual abstinence and I still struggle almost daily with an intense fear of letting my wife know who I really am inside. It is ironic when I look back on it. I am a sexaholic, which, for me, means that sex can very quickly become a compulsive activity and a powerful narcotic. And for me, being a sexaholic also means I have a severely reduced capacity for true intimacy. Nonetheless, there I was, with only a few months of sexual sobriety, trying to merge sexuality and intimacy in a relationship.

"I have also received two important gifts from this period of celibacy. First, I have now experienced that sex is indeed optional. I sort of believed that before, but deep inside there was always this gnawing suspicion that I was different, that I could not last for any considerable period without some sort of sexual release. But I now see that was only my disease talking.

Second, I now have an additional message to carry to newcomers. I used to get very uncomfortable when newcomers questioned the SA sobriety definition because I was still having sex. Now I can speak assuredly from personal experience...."

**L.H., Shawnee, KS.** "I think this program is really good for me. I think SA when I get up and when I go to bed. To me SA is like the...song, *You Light Up My Life*. Thank you all very much. May God bless you all."

**R. C., Reston, VA.** "When I sent my original request, it was with the idea that I needed a support group for the codependents....I thought when I saw the pamphlet *Sexaholics Anonymous*, How could they have misunderstood me so badly!....Well, guess what—after reading, I found I need SA as much as S-Anon—perhaps more so. God gives us what we need, not what we want....Yes, I am serious about wanting freedom from sexually self-destructive thinking and behavior through the Twelve Steps....Let me know where the closest SA meeting/group is for women...."

**J.B., Monterey Park, CA.** "The following is proposed as an SA slogan: *SOCIALIZE, DON'T SEXUALIZE*. I have spent much of my life in social and/or emotional isolation. Eventually it becomes overpowering. My mind begins to sexualize things that I look at, hear, feel, etc. That is the time to get out of isolation by engaging in meaningful social activity, meaningful because it must be emotionally satisfying rather than a superficial type of socializing. Helping within one's own home group and doing Twelve-Step work outside of the home group are excellent ways."

**J.M., Phoenix, AZ.** "...The *Relationship* letter was how my attitude was changed. Our groups will profit by seeing this plan in print. Thank you and the Program and our Higher Power...."

**L.A., Lansing, KS.** "Having been actively involved in the SA chapter at the medium security facility of the Kansas State Penitentiary...for eight months, I find myself to be in a much more positive point in my life than ever before. I cannot believe the peace and happiness that this program has helped me to

achieve....I am very serious about continuing in SA once I am on parole, so would very much like to start some communication with someone in a chapter that will hopefully be my 'home' chapter before too many more months...."

**B.B., Yonkers, NY.** "Since August 1987 I've been an active member of SA and can truly say it has made a big difference in my life and continues to sustain me in the genuine joy of sobriety. I'm ten and one-half months sober right now and I've never known the freedom and tranquility that I now have and am grateful to the Higher Power for that great gift....I hope that this news will be as joyful to you as it is to me. The directors of the organization I belong to reside in Italy. They came for a visit and took two hours one evening to listen to me explain SA and its program, and most of all what it has done for me. They were deeply impressed and when I explained the 12 Steps, they translated them into Italian. The whole exchange took place in Italian. After they had finished Step 12, they remarked on the beauty of the program's philosophy and said, 'How much we need something like this in Italy.' They have asked me to translate the white manual for them so that they can better understand...."

**T.M., Claremore, OK.** "....I just want to thank SA for being here when I needed you and pray that you will remain here for future sexaholics and those who are, at present, still in denial."

**J.D., Portland, OR.** "....I'm only ten months in the program with half that many months of sobriety and I give thanks to God for steering me back towards life. The phone list, the literature, the meetings, most importantly the Twelve Steps and those that have gone ahead of us, give us hope.

"With my recent sobriety has come the awareness that I only wanted sexual release in my relations with my wife. A few of the members of my group reported on the benefits of celibacy. I was scared and prayed that if it were an appropriate measure for me, that the opportunity would present itself for negotiating this agreement. She was surprisingly agreeable. I experienced relief and terror. Relief that I would no longer have to try to do everything right, so that my wife would be happy and attracted to me and want to have sex. I was free to be myself and see her for herself. I terrorized myself with the prospect of never

having sex again. Sobriety is disconnecting with an old dysfunctional me. Celibacy is disconnecting from my wife, because the connection was dysfunctional for both of us. In working the Second Step I discovered that I want to disconnect from my old spiritual path (or lack of it) and experienced a deep emptiness....These last six weeks have been physically, emotionally and spiritually painful....I think it is something like an internal Wilderness experience. I thank God for it...in my journey back to sanity...."

## GROUP NEWS

**Riverside, CA.** "The Riverside fellowship celebrated its first birthday as a group on March 7th. We also have had two individual sobriety birthdays and another coming up next week. God has blessed us with recovery and it's catching! We have doubled our regular membership in the past few months and we have a new meeting in Redlands...." G.G.

**West Palm Beach, FL.** "SA is alive and well in West Palm Beach...." D.G.

**Chicago, IL.** "....Our Wednesday evening SA group...is growing rapidly! We have had to break up into three groups at times, and we are averaging at least one newcomer per meeting! The message is spreading, and so is sobriety! Looks like by fall the Chicago area will have to start several new meetings! The fall Conference [Oct 15] we are planning is also going very well....We've already raised over \$500 for expenses, and are anticipating that the cost for this [one-day] conference, including lunch, will be minimal due to great planning we're doing! M.F.

**Rochester, NY.** "Enclosed is our check from the Rochester Conference Seventh Tradition [\$675.73]. It will probably be another month before we reconcile our profit; another check will be forthcoming hopefully. The overall comments indicated it was a great conference. I know all us Rochester people got a lot from it. A wonderful experience!" R.E.

## NEW GROUPS

New groups that have come to the attention of Central Office since the last Essay are listed below:

Akron, Ohio  
Cincinnati, Ohio  
Salem, Oregon  
Palm Springs, California.  
Glen Ellyn, Illinois

**Note:** If your group is not listed with CO, call Nan at 805/581-3343 or write to SA, P O Box 300, Simi Valley, CA 93062.

## "FOOD FOR THOUGHT" FEEDBACK

In the May Essay "Food For Thought" column, an elaboration of SA's sobriety statement was presented for member reaction. So far, only some eight groups and individuals have responded. This small sampling, inconclusive as it is, has created quite a furor. Apparently, people are either very much for it or very much against it. Here's the paragraph in question:

*We have found that more important than the mere length of our calendar sobriety is its quality and our own personal integrity. Physical sobriety is not an end in itself but a means toward an end—victory over the obsession and progress in recovery. We are often the only ones who know on the inside of our souls whether we are truly in sobriety and recovery. Better to surrender to the spirit of truth as God sees us than hide behind the badge of our sobriety date, live the compromise, cheat ourselves, and threaten the principles of our Fellowship and union with one another.*

Sample comments follow:

"I and some of my brothers use any ammunition we can find about the imperfections of our programs as self-propelled weapons which damage serenity and recovery....the new paragraph plays into my scrupulosity."

**"The new paragraph leaves me absolutely ecstatic! Go!"**

**"I agree completely, but don't put it in the literature. It's either redundant (the end of the SA manual says it) or it's trying to say something new. Also, will it foster judgmentalism?"**

**"Yes, use it. From a member who has struggled for a year before maintaining any sobriety...I would have been extremely encouraged by that paragraph. Although I wasn't sober, I knew I was learning and growing and I kept coming to meetings, in spite of the shame. I would have liked for someone to recognize my efforts."**

**"...It is for me, whispering seductively to my perfectionism.... Mean spirited. It lacks the hallmark of any genuine system of spiritual growth: compassion."**

**"It devalues physical sobriety by characterizing it as merely a means toward an end and in no way to be considered as evidence of progressive victory or growth in recovery. It also tempts one to sit in judgement on himself as to the value and progress of his recovery."**

**"I am so very happy to see what has been written....people in our community have been hiding behind the sobriety date... especially concerning their voyeurism. Other people will be tremendously preoccupied with relationships although, 'legalistically sober.'"**

**"We...found that we were already adhering to this principle....It is our opinion that one can abstain completely and yet still be completely into addictive behavior in his mind....One can openly proclaim sobriety and yet still be very 'drunk' through his thoughts, feelings, etc. ...'Sincere Delusion.'"**

**Tennis anyone?**

## Rochester Meeting Quality Workshop

One of the workshops at the recent SA convention in Rochester was on the topic of meeting quality. Those workshop comments are listed below, without evaluation. It was not always possible to neatly separate the comments into those things that detract from good meeting quality and things that help, but this was the general scheme followed in the workshop. *Remember: These notes are simply reports of what was said in the workshop; they do not represent SA-endorsed viewpoints.*

### Factors Detracting from Good Meeting Quality:

1. Lack of honesty
2. With no 30-day sobriety imperative there isn't the same spirituality, and meeting quality (MQ) seems to diminish.
3. The one sharing first influences MQ most.
4. Some people think they get better by "dumping."
5. Compulsive talking is a negative.
6. Lack of sobriety and lack of honesty at depth. MQ in part is determined by the "critical mass" of those who want sobriety. Until that is achieved, MQ doesn't seem to improve.
7. Not having victory over my own lust. My own house not being in order hurts MQ.
8. The idea that there can be recovery without sobriety as long as one is "dealing with his feelings."
9. The attitude "Committed relationships are OK" detracts.
10. Sober members not doing service.
11. When a meeting doesn't follow the Participation Meeting Guidelines in the SA Meeting Guide.
12. Improper use of meeting time, e.g., when the leader talks on and on, it can set the pace and weaken MQ.
13. Lack of emphasis on the Steps.
14. Judgmental intolerance toward those who don't stay sober. This can cause loss of honesty of those who do the judging.
15. Our sobriety imperative is not defined sufficiently, allowing marrieds to "run wild with lust and act out" in marital sex. Another example: for someone with a foot fetish, even

- going into a shoe store can be acting out.
16. One negative effect of the 30-day sobriety rule is that it allows people who are drunk to talk last, closing the meeting on a negative note. Suggested: leader can allow time for and ask sober member(s) to share before the meeting closes.

#### **Factors enhancing meeting quality:**

1. Meeting quality seems to be a function of how close the group is bonded to one another.
2. Step study meetings work wonders!
3. Periodic group inventories work wonders! One group (D.C.) announces this weeks in advance, passing out questions the group will be asking itself. When they come together, they spend the entire meeting taking the group inventory.
4. "It's a good meeting if it helps keep me sober."
5. Regular attendance by the same members is a plus.
6. "Don't try to people-please those who don't agree with our sobriety imperative, but at the same time, don't slam the door on them, while still upholding the sobriety imperative."
7. Promote more honesty.
8. Tell newcomers the sobriety imperative right from the start.
9. Break large meetings into subgroups of no more than 10-12.
10. Monthly joint SA/S-Anon meetings help MQ.
11. Set a good example yourself, regardless of negatives in the meeting.
12. By all means, where there are two or more groups in an area, have an Intergroup. This seems to help MQ slowly but surely.
13. If the founder of a group or leader of a meeting is in the right place spiritually, not controlling, without the ego in charge, a group or meeting has a better chance of having good MQ. No aggressive, dominating egos.
14. Meeting leaders can point to people and ask if they want to share. Leader's choice can help turn around a meeting headed off to never-never land. Meetings don't always have to be subject to random participation. Leaders can lead.

*[After the above notes were typed into the computer, CO received notes taken by another member attending the same workshop. Rather than strain his brain trying to integrate the two, the computer operator decided to simply print them as reported. Thanks to A.B. of Ft. Valley, GA. —Ed.]*

### **The Sobriety Imperative ("30-day rule," "Santa Barbara rule")**

- Conforming to 30-day rule improves quality.
- Showing up to dump degrades a meeting, but compulsive talking doesn't end with sobriety.
- One problem with the 30-day rule is that the drunkest persons at a meeting get the last word.
- That word "rule" is unfortunate; we ought to call it something else.
- More important than the 30-day rule is the *tradition* of sobriety. At some point a group passes a critical mass when a significant number of people want recovery.
- It's not so bad for newcomers to dump; it may be necessary. It's the repeat dumpers who are a problem.
- It's important to distinguish between expressing despair and dumping. People in despair can be helped by hearing from people with experience, strength, and hope; on the other hand, sometimes the despair of the newcomer can be what ignites a meeting. Dumping is something else. In response to this kind of talk, the leader can say, "Thank you for sharing. Be sure to stick around and talk with others after the meeting." Or, "Be sure to talk with your sponsor about that."
- Sometimes newcomers and repeat slippers are ostracized. They are treated with judgmentalism and intolerance.
- Here is a suggested process for bringing in newcomers: 1) Tell the newcomer about the sobriety imperative immediately, 2) invite him/her to an informal meeting where everything comes out, 3) break large meetings into smaller groups of 10-12.

### **Group Business and Procedures**

- Often groups must inventory themselves and decide what detracts from good meeting quality. Take group inventory, perhaps borrowing from the Al-Anon Fourth Step booklet.

Announce it weeks ahead and give out questions weeks ahead.

- Business meetings can be held on a monthly basis with regular group consciences so everyone is involved.
- A weekly Step meeting helps improve the atmosphere of the program in the area.
- In each meeting, make sure everyone gets a chance to share before anyone shares a second time.
- Try separate meeting for women. Try occasional meetings for married people, singles, gays, other particular populations.
- An occasional joint meeting with S-Anon may help women to feel less alone.

### General Questions and Suggestions

- What is meeting quality? Does it keep me sober? Do people come back for the second or third time? How can we make it easier for slippers to come back? How can we make it comfortable for newcomers in denial without compromising our principles?
- We need more precise definitions of acting out and of what constitutes sober sexuality in marriage.
- What about an international survey on these questions (definitions, etc.)? What about a survey on format?

### Miscellaneous

- A tradition of service is important.
- A good leader is the single most important element in a good meeting.

*[Members who attended the Rochester Convention are invited to share their feelings and experiences in Essay by calling or writing Central Office; also, any who wish to share on the topic of meeting quality. —Ed.]*

## EXCERPTS ON SLIPS TAKEN FROM *As Bill Sees It*

The following are some excerpts compiled from the AA book *As Bill Sees It* and offered by M.M. of Albuquerque, NM:

**The "Slipper" Needs Understanding.** "Slips can often be charged to rebellion; some of us are more rebellious than others. Slips may be due to the illusion that one can be 'cured' of alcoholism. Slips can also be charged to carelessness and complacency. Many of us fail to ride out these periods sober. Things go fine for two or three years—then the member is seen no more. Some of us suffer extreme guilt because of vices or practices that we can't or won't let go of. Too little self-forgiveness and too little prayer—well, this combination adds up to slips....Then some of us are far more alcohol-damaged than others. Still others encounter a series of calamities and cannot seem to find the spiritual resources to meet them. There are those of us who are physically ill. Others are subject to more or less continuous exhaustion, anxiety, and depression. These conditions often play a part in slips—sometimes they are utterly controlling." (p. 99)

**Relapses—and the Group.** "An early fear was that of slips or relapses. At first nearly every alcoholic we approached began to slip, if indeed he sobered up at all. Others would stay dry six months or maybe a year and then take a skid. This was always a genuine catastrophe. We would all look at each other and say, 'Who next?'....Today, though slips are a very serious difficulty, as a group we take them in stride. Fear has evaporated. Alcohol always threatens the individual, but we know that it cannot destroy the common welfare....It does not seem to pay to argue with 'slippers' about the proper method of getting dry. After all, why should people who are drinking tell people who are dry how it should be done?....Just kid the boys along—ask them if they are having fun. If they are too noisy or troublesome, amiably keep out of their way." (p. 154)

**Meeting Adversity.** "Our spiritual and emotional growth in AA does not depend so deeply upon success as it does upon our failures and setbacks. If you will bear this in mind, I think that your slip will have the effect of kicking you upstairs, instead of down...We AA's have had no better teacher than Old Man Adversity, except in those cases where we refuse to let him teach us." (p.184)

**Where Rationalizing Leads.** "You know what our genius for rationalization is. If, to ourselves, we fully justify one slip, then our rationalizing propensities are almost sure to justify another one, perhaps with a different set of excuses. But one justification leads to another and presently we are back on the bottle full-time." (p. 197)

**Completing the Housecleaning.** "Time after time, newcomers have tried to keep to themselves shoddy facts about their lives. Trying to avoid the humbling experience of the Fifth Step, they have turned to easier methods. Almost invariably they got drunk. Having persevered with the rest of the program, they wondered why they fell...We think the reason is that they never completed their housecleaning. They took inventory all right, but hung on to some of the worst items, in stock. They only thought they had lost their egoism and fear; they only thought they had humbled themselves. But they had not learned enough of humility, fearlessness, and honesty, in the sense we find it necessary, until they told someone else their entire life story." (p. 213)

**Only Try.** "In my teens, I had to be an athlete because I was not an athlete. I had to be a musician because I could not carry a tune. I had to be the president of my class in boarding school. I had to be first in everything because in my perverse heart I felt myself the least of God's creatures. I could not accept my deep sense of inferiority, and so I strove to become captain of the baseball team, and I did learn to play the fiddle. Lead I must—or else. This was the 'all or nothing' kind of demand that later did me in". . . "I'm glad you are going to try that new job. But make sure that you are only going to 'try.' If you approach the project in the attitude that 'I must succeed, I must not fail, I cannot fail,' then you practically guarantee the flop which in turn will guarantee a drinking relapse. But if you look at the venture as a constructive experiment only, then all should go well." (p. 214)

**Face the Music.** "Don't be too discouraged about that slip. Practically always, we drunks learn the hard way....Your idea of moving on to somewhere else may be good, or it may not. Perhaps you have got into an emotional or economic jam that can't be well handled where you are. But maybe you are doing just what all of us have done, at one time or another: Maybe you are running away. Why don't you try to think that through again carefully?....Are you really placing recovery first, or are you making it contingent upon other people, places, or circumstances? You may find it ever so much better to face the music right where you are now, and, with the help of the AA program, win through. Before you make a decision, weigh it in these terms." (p. 251)

**Pain-Killer — or Pain-Healer?** "I believe that when we were active alcoholics we drank mostly to kill pain of one kind or another—physical or emotional or psychic. Of course, everybody has a cracking point, and I suppose you reached yours—hence, the resort once more to the bottle....If I were you, I wouldn't heap devastating blame on myself for this; on the other hand, the experience should redouble your conviction that alcohol has no permanent value as a pain-killer." "...In every AA story, pain has been the price of admission into a new life. But this admission price purchased more than we expected. It led us to a measure of humility, which we soon discovered to be a healer of pain. We began to fear pain less, and desire humility more than ever." (p. 291)

# 1988 Second Quarter Donations

Albuquerque, NM	20.00	Redlands, CA	40.25
Apple Valley, MN	59.60	Riverside, CA	63.76
Appleton, WI	60.00	Rochester, NY	50.00
Baltimore, MD	143.00	St. Louis, MO	365.00
Boulder, CO	90.80	San Diego, CA	145.50
Bozeman, MT	16.60	Saskatoon, Sask.	50.00
Camarillo, CA	64.00	Seattle/Lynwood, WA	72.00
Chicago/Downers Grove	162.25	Suitland, MD	95.00
Cleveland, OH	142.00	Tulsa, OK	43.38
Elmhurst, IL	51.00	Van Nuys, CA	92.75
Fountain Valley, CA	20.00	Vancouver, BC	91.12
Gaithersburg, MD	24.00	Victoria, BC	36.00
Galveston, TX	11.00	Warren, MI	45.00
Gooding, ID	60.00	Washington, DC	338.42
Greensburg, PA	15.00	Wichita, KS	30.00
Inglewood, CA	44.50	Williamsport, PA	46.00
Irvine, CA	16.58		
Kansas City	16.50	Group donations	3633.11
Long Beach, CA	103.00	Personal donations	698.74
Milwaukee, WI	150.00		
Monday noon, CA *	14.65	Total donaitons	4331.85
Nashville, TN	30.00		
New York, NY	300.00	*Please identify	
Oklahoma City, OK	68.00		
Olympia, WA	150.00		
Pittsburgh, PA	6.00		
Portland, OR	190.45		

## **CENTRAL OFFICE FINANCIAL REPORT**

As announced at the Rochester convention, the report on Central Office finances for the first six months of 1988 follows:

**Total literature sales and donations—\$27,132.99**

**Total expenses—\$30,056.84**

### **Breakdown of expenses:**

**Salaries—\$9,776.55**

**Printing and xerox—\$9,651.79**

**Telephone—\$1,885.58**

**Stamps and postage—\$2,038.83**

**Supplies—\$1275.76**

**Miscellaneous—\$3838.33**

**Rent—\$1590.00**

**No. of SA Manuals sold & given away—1463**

**No. Meeting Guides sold & given away—97**

**No. SA brochures sold & given away—7284**



**Read front page and vote YES or NO on the enclosed Proposal.**

**Read front page and vote YES or NO on the enclosed Proposal.**

**Due back to Central Office within 8 weeks!**

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