
Essay

May 1990

Post Office Box 300
Simi Valley, California 93062

NOTES FROM THE CENTRAL OFFICE

Recovery Continues is now available for eight dollars plus postage and handling. The following is the contents of this 97-page book:

- Masturbation and Sexual Sobriety
- Defects Continued—Hostility
- Another Look at Lust
- The Resentment-Lust Connection
- Abstinence in Marriage
- Self-Awareness and Sexual Dreams
- Some Thoughts on Sexual Abstinence
- What About Romance and Passion in Marriage after Sobriety
- Another Look at the Misconnection
- The Joy Response
- Anatomy of a Look
- Why Relationships Did Not Work for Me as a Sexaholic
- The Top Plate
- Covetousness—The Idolatry Connection
- Walk, Don't Run
- Lust, Sex, and the Marriage Misconnection
- The Invisible Monster
- Of Soda Crackers and Human Nature
- Sobriety Versus Recovery
- How Sobriety Was Keeping Me from Recovery
- The Picture-Woman Response
- The Reality Perversion
- The SA Misconnection

(Continued on page 3)

CALENDAR OF EVENTS

Events listed here are presented solely as a service to readers, not as an endorsement by ESSAY or the Central Office.

June 8, 9, 10, 1990 — Germany Convention near Stuttgart. Contact Helmut at 011-49-2361-33911.

July 13, 14, 15, 1990 — SA/S-Anon Semi-Annual International Convention. Greater Baltimore/Washington Metro Area (See enclosed flyer and registration forms).

October 5, 6, 7, 1990 — Second Annual Southern California SA and S-Anon Unity Conference. Call Ed A. at (213) 320-1973 or write 1229 Amapola Avenue, Torrance, CA 90501.

October 12, 13, 14, 1990 — Mid-Central SA/S-Anon Retreat. "Stepping Into the Light." For further information write: SA of Wichita, Post Office Box 48023, Wichita, KS 67201.

Fall of 1990 — Long Island Retreat. Contact Jerry Jordan at (516)379-7113.

January 11, 12, 13, 1991 — Oklahoma City, OK. SA/S-Anon International Convention. Details in forthcoming Newsletters.

REPRINT OR PRINT ADAPTATION

Groups, intergroups, or individuals wishing to reprint or print adaptations of SA literature (anything in the SA brochures, *Sexaholics Anonymous*, *Recovery Continues*, *Member Stories 1989*, or the *Meeting Guide*) in whole or in part must get prior written permission from the SA Central Office in accordance with standard U.S. copyright laws and SA policy. Likewise, groups, intergroups, or individuals wishing to reprint or adapt either form of the SA logo (see brochure and *Sexaholics Anonymous*) must likewise get prior written permission from the SA Central Office. The SA logo and words "Sexaholics Anonymous" are registered trademarks of Sexaholics Anonymous.

PLEA FOR SPONSORS

We have had several requests from members without a group, asking for the name of someone who would be willing to sponsor them through the mail. Would anyone willing to do this important task please let us know? We would like to prepare a file for this purpose. Thank you very much.

PRISON NEWS

We would like to thank Matt W. of Kansas City for all his hard work as prison coordinator for over two years. Matt did all this work on his own time and at his own expense. Thank you, Matt.

NEW POLICY ON LITERATURE ORDERS

We are going to start asking that payment in full for literature orders be made at the time the order is placed, as is the custom in AA. We can no longer accept credit orders. Last year we lost over \$3000.00 in unpaid bills. If everyone had paid their bills last year, SA would have ended the year in the black rather than the red. We truly regret having to do this, but feel it is necessary. Thank you all for your understanding and cooperation.

SA LITERATURE ON TAPE

Various groups and members have requested that SA literature be put on cassette. This matter is finally being considered by the Literature Committee. Your feedback to the committee via the Central Office is requested.

CHANGE-OF-ADDRESS FOR LONER COORDINATOR

Elizabethann M.
Post Office Box 4564
Butte, MT 59701

WELCOME TO THE FOLLOWING NEW GROUPS

Beloit, WI	Bowling Green, KY
Hastings, NE	Jackson, TN
Jennings, LA	London, England
Moncton, New Brunswick	Paducah, KY
Pierceton, IN	Rio de Janeiro, Brazil
Santa Fe, NM	Taiwan, Republic of China

HELLO FROM S-ANON IN OKLAHOMA CITY

"Since, to our knowledge, S-Anon International Family Groups has no publication of its own, we hope it might be proper to address a few comments and a question to our brother/sister organization's publication *ESSAY*.

"First, we are most gratified to tell you that since its most recent attempts to fill a much needed void in the **Oklahoma City** area, S-Anon has expanded to two regular weekly meetings and one monthly couples meeting. All of this has come to pass since August 1989, and for this we are truly grateful. The

thrill will never grow stale of hearing someone say, in these or similar words, 'I think I have come home.'

"Secondly, we've had an inquiry and were advised by our International Family Group that the question might best be posed in *ESSAY*, and that is whether there is an S-Anon meeting for children (both teenagers and younger), and, if so, what guidelines are used, what is your format, what type of success have you had, what are pitfalls we could avoid?

"Answers to these questions and any other advice you might offer would be appreciated."

[The SA Central Office has also experienced inquiries from teenagers as well as one even younger who admits to being a sexaholic. Please share with us any of your experience in these matters.—*Ed.*]

Opinions expressed in ESSAY are not to be attributed to Sexaholics Anonymous as a whole, nor does publication of any opinion or article imply any endorsement by either SA or ESSAY.

FEEDBACK CORNER

Hugging

Bemidji, MN: "...I agree wholeheartedly [with J.L.'s letter regarding hugging in February *ESSAY*], it's sad to say, but it's such a slippery place whenever angels dare tread. Today I know the difference between my old body-grinder hugs and an appropriate lean forward gentle family hug, but how many newcomers know that! I'd be a setup for them, especially if they see men and women hugging or homosexuals hugging. We're there at the meeting to get better, to encourage one another not hurt one another. Now about this issue we must stay vigilant, and if we err, err on the side of safety for all!" **B.C.**

SA Tapes

Bemidji, MN: "...As far as tapes of SA conventions, I think that's great. It was so good to hear the good old boys, **Roy** and **Jesse**, and from our SA sister, **Jean**, and how I agree with her. Once I started to feel sufficiently grateful, I slipped. I, like her, am forever *insufficiently* grateful for *each and every* day of sobriety. What a gift!" **B.C.**

SA and the Twelfth Step

Simi Valley, CA: "I'm challenged by an article I read ("Let's Dust Off the Twelfth Step") and wonder what other members think and feel on the issue. This article has been reprinted and included with *ESSAY* by permission of AA." **R.K.**

Spiritual Growth

St. Louis, MO: "The St. Louis Saturday afternoon group is alive and kicking. We're averaging about 15 people. There are about four or five of us with more than one year of sobriety, and several close to it. There is a group of regulars that haven't accrued much sobriety and I feel that the group has some responsibility in that. We are *not* a positive dynamic group and I am at a loss as how to encourage group growth (spiritual growth). I need suggestions on how to encourage a group to move from negative addictive thinking to positive, healthy, recovering thinking. Thanks." **S.L.**

GROUP NEWS

Mansfield, MA: "The **Providence, RI**, group continues to thrive and has a consistent six to eight members in attendance every week...." **C.K.**

Bozeman, MT: "...We're doing fine here. A new member comes in every once in awhile. There is a group going in **Livingston** again...we're off to our

Spring Montana State SA Conference in **Billings** on May 12. We're growing slowly but steadily...." **J.L.**

Rochester, NY: "Sobriety, love, serenity growing daily as well as meetings and number of members. Please accept this being my last check for now as treasurer of the Monday **Rochester, NY, SA** 'Into Action' and I'll be the new literature chairman. A year, I believe, is a good time to move on to a new job. I forget at times, but God, or other members, always seem to remind me. **A.L.** "As new treasurer for 'Growing Spirits' Wednesday night group here in **Rochester, NY**, I am sending you a check for monies collected here recently. I think our spirits are really growing as we share concerns and realities knowing we are not alone and that God does care and will help us if we are willing to let Him. I always kind of knew that I was afraid, but never realized I was afraid of myself and that this fear was so debilitating. But I have the courage to face this one day at a time. I know God will restore me to sanity." **R.W.** "It is my pleasure to send the first installment from our new Sunday night group in **Rochester, NY**. We now have 10-12 members at this meeting, including for the first time a core group of women. Our sharing has increased in honesty and power, and we see the Promises coming true in our lives. SA in **Rochester** continues to grow in numbers and in sobriety. We now have eight meetings a week here, and the fellowship is strong. Thanks for continuing to carry the message of recovery!" **M.F.**

Lancaster, CA: "This is the **Lancaster's** Monday evening group of SA's donation. We are a grateful lot of desert rats who appreciate our program and the sobriety it has brought us. Thanks for your support."

Riverside, CA: "Enclosed you will find a check...from **Riverside's** Monday night Step Study meeting. We continue to see growth and sobriety in this meeting. Alternating between the 12 and 12 and the 'white' book every other week, we read the Step and share our experience, strength, and hope as related to the reading. The second half of the meeting is devoted to general sharing. We have found that reading the Step from each of these sources increases our knowledge and reflection on our own individual recovery. IT WORKS!!" **J.R.**

Cleveland, OH: "Enclosed is a money order....Hope it helps. Our Wednesday night meeting has gone from four or five people a week, to 17-18 people every week. The Friday meeting also is well-attended. There are also new meetings on Tuesday and Sunday." **J.L.**

Chanute, KS: "We just had a great conference in **Wichita** this weekend. I think everyone came away with a renewed commitment to the SA program. I know I did. I have 16 months sobriety, so got my one-year chip. **David** did a terrific job putting the program together. Our SA group here in **Chanute** is hanging in with four to five members, one more than we had a year ago...." **R.T.**

Gooding, ID: "Enclosed is the latest contribution from our 7th Tradition. Our meetings have grown to the point that **Twin Falls** has now formally formed its own group, with two new meetings. That makes two SA meetings for the **Gooding** group, and three SA meetings for the **Twin Falls** group. And close-by **Burley** is starting up some meetings also. Hopefully you will be hearing from them. SA is continuing to grow and flourish in southern **Idaho!** Greetings from us all." **V.R.**

Syracuse, NY: "Please accept this...as a donation from **Syracuse SA**. The **Syracuse** group is doing very well. We have very strong meetings, and we are seeing solid sobriety begin to build. By God's grace, lives are really changing. Many of us are finding that the humility is a total dependence on God, and lasting happiness (and sobriety!) are built on humility. This is a great struggle—to develop humility. By God's grace, I hope to continue to see the development of humility in my life. God and Sexaholics Anonymous have saved my life. Your work in **Simi Valley** is greatly appreciated. **Syracuse SA** thanks you deeply. God bless you." **J.B.**

Hudson, OH: "...Please keep any excess as a donation to SA. At our **Akron** Tuesday group we average eight people. Our sobriety is increasing. One member just celebrated one year. We are all so grateful for the program." **P.H.** "Greetings from the Freedom Group in **Akron, OH!** Our group is doing fairly well. We have 8-12 attending every week and several members have between six months and one year sobriety with new members

continuing to trickle in. We are all grateful for all of you in the **Simi Valley** office." **J.T.**

West Linn, OR: "...We had a great NW Regional Conference March 30-April 1 in **Toledo, WA** with 117 SA and S-Anon participants." **D.A.**

Nashville, TN: "It continues to be exciting here in **Middle Tennessee** watching the growth of SA. We are now up to 17 meetings per week, which does not include some of the meetings in locations outside the city limits of **Nashville**. Approximately 25 miles to the South of us in the community of **Murfreesboro**, they are now having two meetings a week. Also approximately 60 miles North of us in **Bowling Green, KY**, we are aware of one meeting a week. One can actually visualize the ripple effect of recovery in geographic terms. It seems unimaginable that a little over six years ago we had one meeting a week in this area with two people attending, and now at some of our meetings we will get 60 people. Our intergroup is active and very well represented by members of various meetings.

"It is certainly a dream come true. Some of the ingredients that have helped our growth, in my opinion, here in **Middle Tennessee** have been the following:

1. We are not secretive about where our meetings are being located. We have sent our schedules to various therapists in the community and we no longer do detailed cross examinations of those who want to come to our meetings. We used to have to interview each person. This has gone by the wayside for the past many years.

2. Our answering service has been a great help. We are listed in the telephone directory as Sexaholics Anonymous. We get many calls per week requesting information about SA.

3. Being very aware of the concept of unity. Even though we will have different view points on an issue, our main view point is how are we going to compromise and end up having cooperation rather than dissension in the SA community?

4. Last, but not least, we are always aware that when it comes right down to the line, it is not we who are doing this but God, and His love is running the show.

“For those communities who are having difficulty growing, it just takes time. Until about three years ago, we were still having only about one meeting a week. At some point in time, all the elements of the recovering community begin to cement together and growth becomes a reality.” **H.A.**

San Diego, CA: “...I would like to take this opportunity to let you know how we are faring in **San Diego** county. In the seven months that I have been associated with SA, I have witnessed incredible growth, in our numbers as well as our sobriety. One of our largest meetings (Friday Night Men’s) recently had to change locations to accomodate its growth. Several new meetings have taken root in the northern reaches of the county. We have formed a **San Diego** county SA intergroup which is enthusiastically tackling opportunities for service and outreach.

“For myself, I just want to thank Sexaholics Anonymous for being there when I finally had to face my addiction or lose my (way of) life. During 27 years of shame, humiliation, lying, fear, and insanity, I never thought that anyone could actually know these terribly disgusting things about me and still care for me. Thanks to God, SA’s members, and the 12-Step program, I have a new life today; one that is sober, happy, joyous, and free.” **D.J.**

St. Louis, MO: “Hi. We are doing well here in **St. Louis**. We are about 15 strong at our Tuesday night meetings.” **J.S.**

Taiwan, Republic of China: “Thank you for the encouragement.” **T.G.**

Cuyahoga Falls, OH: “Greetings from all of us in **Cuhahoga Falls, Ohio**. Our group is doing well. Lately we average 8-12 each meeting and slowly growing. For me, personally, it was a door out of hell. After three years in another 12-Step program, I was finally ‘forced’ to learn what surrender really meant! What deliverance. I thank God for the founding members and their vision. After acting out daily with pornography for 20 years, I finally have

some sobriety! What a miracle. Ah, but not without a lot of work (which I will gladly continue). So, thanks to all who are in this healing fellowship, and we hope to meet some of you as we walk the road to happy destiny. God bless." **J.T.**

Shreveport, LA: "Again, activity is small here in **Shreveport, LA**. We did get visited by a friend from **Tampa, FL** last week and were able to give support to her." **J.B.**

Dallas, TX: "We have a small group of three to four which meets every Monday evening in **Dallas**. We are struggling along but we want to contribute to the coordinating activity, which is necessary for our survival as a small group." **P.S.**

Davenport, IA: "....We have been meeting in **Davenport** for about eight weeks and presently we have from four to nine people in attendance at our meetings. We have gained a lot of new insights and understanding by studying *Sexaholics Anonymous* and the various papers published by the fellowship. Even though we struggle, we are coming to realize that our recovery grows through a series of small victories, and that God is indeed doing for us what we could not do for ourselves. Inspired by the **Nashville Conference**, we have named our group 'Courage to Change/QCSA.'" **G.L.**

Bucksport, ME: "We have five to six regulars for our Saturday night group. People are picking up 30 and 60 day chips. Have at least seven per meeting now. Looking to start another meeting so we are growing, too." **S.B.**

Jennings, LA: "Giles and I have formed a group of two and are eager to welcome new members. We have been meeting for about three months.

"I have spoken with several ministers and one counselor around town, telling them about the program. People in my other support groups know about it. But we are not widely known and few have asked me about it. I think that people will try anything else before they resort to the 12 Steps, and they will try any other 12-Step group before they come to SA. I put it off for six years. Although I had admitted to a problem with lust for many years, and had put

considerable effort into forming a group here in **Jennings**, I was totally astonished at our first meeting to realize that lust has been the underlying horror throughout all these years of sickness and recovery, and that I really need the group. I am grateful to you for the fine work you are doing.” **K.**

Paramount, CA: “Enclosed is our first donation from the downtown area, noon, SA meeting on Monday. The honesty and deep spiritual quality of the meeting is ‘catching.’ There were six sexaholics present last Monday....” **J.H.**

Clay, NY: “Last Sunday I celebrated on year of sexual sobriety, due completely to my magnanimous Higher Power and the Program (SA) He has placed in my life. Transformed one-day-at-a-time from a totally hopeless, spiritually anemic person into a hopeful, significant part of His Plan, I am of all people most blessed. Thank you. Our **Syracuse** group is growing in grace both size and sobriety wise and it’s a privilege to see God’s transforming Power at work in the lives of many people. Thank you for your love in the form of staying sober and working the Steps and I hope to emulate your example of service to SA while holding a service position. In closing, I would like to quote something Malcom Muggeridge once wrote:

“Contrary to what might be expected, I look back on experiences that at the time seemed especially desolating and painful with particular satisfaction. Indeed, I can say with complete truthfulness that everything I have learned in my 75 years in this world, everything that has truly enhanced and enlightened my experience, has been through affliction and not through happiness.”

“I love you and pray for you. God bless you!” **J.R.**

Rio de Janeiro, Brazil: “We are very glad, happy, and full of hope with the material we received from USA SA. We feel international! That’s wonderful for our group! We are walking step by step. We are not rich of fortune, but we are rich of hope to introduce SA program in **Rio** very well. **L., O., and E.**

MEMBER NEWS

Taiwan, Republic of China: "Thanks so much for your letter. I was feeling down, and my addiction was being painfully felt. Your note called me back to the program and my recovery. A few minutes later the phone rang, and I was offered a rather suggestive invitation. I was nervous, afraid, etc., but refused. Your note had just given me the strength I needed to be faithful to my deepest self. Thanks.

"I have been working the SA program since October fifth of last year sometimes with others, sometimes alone. I am enjoying my priceless gift of sexual sobriety for 210 days. I was sad and worried when Tom left **Taiwan**, but I know my Higher Power will direct me to those I need and who need me....At the moment I'm really feeling a lot of anger and seeing nastiness in myself. But it's okay. I'm not covering it up with a mess of sex and quiet. I'm just beginning to see clearly and take some steps toward honesty. I'm 38 and this is the longest period I've ever gone without acting out in some way since early adolescence. I don't know where this new-found sobriety and honesty will take me. Maybe it's taking me 'home' as the SA literature says; making the connection I kept missing for so many years." **B.**

Rochester, NY: "As always, my deepest thanks to you and the Central Office staff for all your hard work and dedication to this life-saving program of Sexaholics Anonymous. Without your efforts, passing the message on, something very necessary for my sobriety and indeed my very existence, would be very difficult. I want to reiterate my appreciation and ask God's Blessing on you all at the Simi Valley office." **D.G.**

Huntsville, TX (Ellis Unit): "....I also want to thank you for contacting your **Houston** group. Jerry W. has been writing and showing his support. He has even driven the 60 miles to attend two of our meetings. He brought along another SA member from **Galveston**. We do sincerely appreciate his moral support. Jerry W. is talking about helping to set up a meeting at the **Darrington Unit of Texas Department of Corrections**. That will make number four for TDC. I would like to see the day come when every one of the 30 units in TDC offered some kind of program to help the sexual

offenders. I just wanted to bring you up-to-date and let you know we are all pulling for you and SA. We do appreciate the support of the Home Office and all the work you all do on our behalf." E.N.

Selah, WA: "Although I wanted to send money last year at your request, I was unemployed. I lost a very responsible position developing programs for dysfunctional families, after 13 years sobriety from chemical dependency. The stress of leaving home in Minnesota, new job pressures, and rainy coastal weather contributed to my 'dry drunk syndrome.' The real problem was compulsive self reliance perpetuated by the walls built between myself and God due to habitual sin. However, I did not realize it at the time. Following termination from my position, I decided to give up sex altogether on the 'blind faith' that God might change me from within. I have achieved several three-month periods of sobriety and now have over four months. The positive results have been overwhelming as I am 'on fire' with the Holy Spirit. Total abstinence, regular SA meetings, and a growing mustard seed of faith have given me the beginning of a new life, better job, and total personality transformation. God is so great, so generous, and so forgiving. Praise God!" W.B.

Redlands, CA: "By the grace of God, I'm living an absolute miracle. 23 months sober today. I who was not sober. I who came with 'half a day' sobriety. I pray for the willingness to surrender my arrogance and conceit, my fear and distrust, among the many defects that lust has been covering most of my life." S.M.

Wichita, KS: "God bless. Life is progressing beautifully, one day at a time. I'm so thankful for the fellowship, and for my growth, because of the 12-Step program. Since I started going to SA, I also go to AA, OA, and ACOA. Since the Nashville conference, I go to S-Anon. The reason being I'm an adult child of a sexaholic (ACOS). In all, I go to 11 meetings a week. Always an opportunity to share and hear from some recovering people. Thanks for all you do." M.B.

Angola, LA: "Several months past, I had the good fortune of coming across an article in the newspaper giving little information on the SA organization...

Since then, I have written SA a number of times to get a deeper understanding of its functions. In return, SA has given me invaluable insight. The literature which I've already received is most inspiring. I've come to find that celibacy isn't so bad after all. My profound thanks to such wonderful people for your guidance and generosity." S.L.

Davisville, WV: "I assume I'm writing to the Central Office. I'm so thankful I received the big white envelope with *ESSAY*. I was really needing it. After my father died, two weeks ago, I started acting out again. I was perplexed, and numb with fear, I prayed to God for a miracle. The next day I got the envelope in the mail. Hope is renewed again. I must work on my recovery, I really want to get well, I'm willing to do whatever it takes. I want to be with people who understand. I really need fellowship.

"I can only imagine what it would be like to be in an SA meeting. I wish I could go to the conference in **Baltimore**. Just knowing there are people who have done the same sick things that I have, and are now no longer doing them, helps me not want to do these things any longer. It's the same strength I get from going to AA meetings. *Together* we can do it! I have hope I can be somebody different, but I'm really not sure what I would be. I'm sort of confused." M.U.

Apple Valley, CA: "I've got 21 days and am grateful and proud. I get to **Riverside** and **Redlands** meetings but they're 110 mile round trips." D.K.

Oshkosh, WI: "I again want to thank you for keeping me on the mailing list while I am in prison. My contact from the streets writes or visits me every week. SA is very important to him, as it is to me. In the treatment group here I am pushing SA hard. I am a firm believer that having a support group after leaving here is a must. People that don't understand our sickness can be very cruel. So it can cause a depression again leading to possibly another acting out." J.L.

[The following note was written by a friend of Michelle, an SA inquirer from Oak Park, IL—Ed.]

"I am writing you about the details of Michelle's death. It has taken me awhile due to grief. I hope these details will be shared so others will find help. Michelle was beaten and tortured to death for two and one-half days. Michelle had a reputation. These men thought they could do whatever they wanted to her and nobody would care. Michelle was getting her act together. I was very proud of her. She read your literature and the Bible. Both gave her strength and hope. Your literature was very important to her because it gave her hope and faith. By listening to others, she knew that if they could make it, so could she...."

FIRST QUARTER DONATIONS 1990

Akron, OH	33.75	Nashville Convention	394.92
Alhambra, CA	100.00	New York City	67.25
Anaheim, CA	210.94	Palm Desert, CA	41.80
Apple Valley, MN	32.00	Panorama City, CA	120.00
Appleton, WI	40.00	Pittsburgh, PA	20.00
Aurora/Denver, CO	30.00	Portland, OR	75.90
Baltimore, MD	215.50	Redondo Beach, CA	79.00
Boulder, CO	97.75	Riverside, CA	100.00
Bozeman, MT	10.00	Rochester, NY	336.86
Camarillo, CA	102.50	St. Louis, MO	275.00
Casper, WY	2.35	Salem, OR	44.50
Chicago, IL	410.00	San Diego, CA	282.02
Cleveland, OH	252.00	Shreveport, LA	25.00
Crystal Lake, IL	25.00	Staunton, VA	20.00
Denver, CO	132.60	Suitland, MD	60.00
Downer's Grove, IL	50.00	Syracuse, NY	116.60
Elmhurst, IL	70.00	Tacoma, WA	22.44
Encinitas, CA	25.00	Tucson, AZ	100.00
Ft. Collins, CO	43.00	Tulsa, OK	27.37
Fresno, CA	10.00	Union City, PA	68.17
Galveston, TX	24.00	Virginia Beach, VA	11.85
Germany	1129.43	Warner Robins, GA	60.00
Glen Ellyn, IL	40.00	Warren, MI	100.00
Gooding, ID	144.00	Washington, DC	50.00
Grand Junction, CO	7.10	Washington/Baltimore	30.25
Greensburg, PA	66.04	West Los Angeles, CA	260.45
Hacienda Heights, CA	44.00	Westminster, CO	23.50
Houston, TX	50.00	Wichita, KS	50.00
Kansas City	200.00		
Kent, WA	23.00		
LaJolla, CA	383.00	GROUP DONATIONS	\$7,579.47
Lansing, MI	30.00	PERSONAL	
Laurel, MD	30.00	DONATIONS	\$2,645.03
Lomita, CA	30.00		
Long Beach, CA	111.78		
Milwaukee, WI	382.53	TOTAL DONATIONS	\$10,224.50
Nashville, TN	129.32		

FIRST QUARTER LITERATURE DISPERSED

Books	1480
Meeting Guides	83
Brochures	4888
Member Stories 1989	472

19